



GAME DAY COACHES CARD

Lines, special teams, bench reminders and game-day keys

FORWARD LINES

LINE 1 LW C RW

LINE 2 LW C RW

LINE 3 LW C RW

DEFENSE & GOALIE

D1 LD RD

D2 LD RD

GOALIE _____

CAPTAINS / OUT

C _____

A _____

A _____

OUT _____

SPECIAL TEAMS

PP1 1. _____ 2. _____

3. _____ 4. _____

PK1 1. _____ 2. _____

3. _____ 4. _____

PK2 1. _____ 2. _____

3. _____ 4. _____

3 GAME-DAY KEYS

1 _____

2 _____

3 _____

BENCH REMINDERS

- ☐ Short shifts / next line ready
- ☐ Talk early, coach between shifts
- ☐ Positive body language
- ☐ Simple plays under pressure
- ☐ Have fun - compete together

NOTES / MATCHUPS / ADJUSTMENTS
